

Uptown Pediatrics

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MEDICATIONS THAT INTERFERE WITH ALLERGY TESTING

Many common medications, especially antihistamines, interfere with Allergy skin tests. Antihistamines are in many over-the-counter medications for allergies, colds and sinus problems. It is important to stop taking these medications at least **5 full days prior** to your visit so that tests can be performed.

If you are currently experiencing significant skin symptoms such as hives (urticaria) or swelling (angioedema), or if you were put on antihistamines for a severe allergic reaction (anaphylaxis), **DO NOT STOP** your antihistamines without contacting our office,

H1 Antihistamines (Oral) – Hold for 5 full days before visit.

Actifed	Allegra (Fexofenadine)	Atarax (Hydroxyzine)
Benadryl (Diphenhydramine)	Carbinoxamine	Chlor-Trimeton (Chlorpheniramine)
Clarinex (Desloratadine)	Claritin (Loratadine)	Dimetapp
Dramamine (Dymenhydrinate)	Elestat Eye Drops	Meclizine
Optivar Eye Drops (Azelastine Hydrochloride)	Patanol/Pataday/Pazeo Eye Drops (Olopatadine)	Tavist (Clemastine)
Tylenol Allergy Sinus	Tylenol Cold and Flu	Tylenol Flu Nighttime
Unisom (Doxylamine)	Vistaril (Hydroxyzine)	Xyzal (Levocetirizine)
Zyrtec (Cetirizine)		

MANY OTC SLEEP AIDS – CHECK FOR DIPHENHYDRAMINE

H1 Antihistamines (Nasal Sprays) – Hold for 5 full days before visit.

Astelin/Astepro Nasal Spray (Azelastine)	Dymista Nasal Spray	Patanase Nasal Spray (Olopatadine)
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H2 Blocking Medications (for reducing stomach acid) – Hold dose 48 hours before visit.

Pepcid (Famotidine)	Tagamet (Cimetidine)	Zantac (Ranitidine)
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Oral Steroids – Call us if you are on more than 20mg Prednisone or 16mg of Medrol per day. DO NOT STOP TAKING UNLESS DIRECTED BY A PHYSICIAN.

Asthma Inhalers / Oral – These DO NOT interfere with allergy testing. Continue taking as prescribed.

Advair	AirDuo	Albuterol (ProAir, Proventil, Ventolin)
Alvesco	Arnuity	Asmanex
Atrovent	Breo	Combivent
Dulera	DuoNeb	Flovent (Fluticasone)
Pulmicort	Qvar	Singulair (Montelukast) - DO NOT STOP
Spiriva	Symbicort	Xopenex (Levalbuterol)

Corticosteroid Nasal Sprays – These DO NOT interfere with allergy testing. Continue taking as prescribed.

Flonase (Fluticasone)	Nasacort (Triamcinolone)	Nasalide
Nasonex (Mometasone)	Omnaris/Zeforina (Ciclesonide)	QNASL
Rhinocort (Budesonide)	Veramyst	

Other Medications – Other types of medication may interfere with skin testing. If you are taking these medications, please call us to receive special instructions prior to discontinuing. DO NOT DISCONTINUE THEM UNLESS INSTRUCTED BY A PHYSICIAN.

Anafranil (Clomipramine)	Asendin (Amoxapine)	Compazine (Prochlorperazine)
Elavil, Endep, Triavil, Limbitrol (Amitriptyline)	Norpramin (Desipramine)	Pamelor (Nortriptyline)
Phenergan (Promethazine)	Seroquel (Quetiapine)	Sinequan, Adapin (Doxepin)
Surmontil (Trimipramine)	Tofranil (Imipramine)	Trazodone
Vivactil (Protriptyline)		